COVID-19 is still spreading around the world and multiple variants have been identified. The recent increases in cases are due to the Delta variant which spreads more quickly and easily.

**What is a Variant?**

- According to the World Health Organization, all viruses change over time. These changes are called "mutations".
- When a virus is widely circulating and causing many infections, the likelihood of the virus mutating increases.
- A virus with one or more new mutations is referred to as a "variant" of the original virus.

**Protect Yourself and Your Community**

Protect yourself and your community. Existing COVID-19 vaccines are **SAFE** and can protect you against the variants, so it is important to get vaccinated as soon as possible.

- You can get a vaccine at many local pharmacies or find a vaccine provider at vaccinatelacounty.com or by calling 833-540-0473.
- Continue to wear masks when indoors whether you are vaccinated or not.
- Make sure that your mask covers both your nose and mouth.
- Stay 6 feet away from others who don’t live with you.
- Avoid crowds and poorly ventilated indoor spaces.
- Wash hands often with soap and water.
- Use hand sanitizer if soap and water is not available.

Learn more at www.cdc.gov/coronavirus/2019-ncov/variants/variant.html